



# Philosophy's Role in Shaping Ethical Decision - Making in Nursing Practice

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# About the Presenters

## Dr. Hamed Zare

PhD Student in Nursing, Clinical Supervisor

- 12 years clinical hospital experience
- 8 years teaching and research
- Dedicated to advancing nursing standards through evidence-based practice



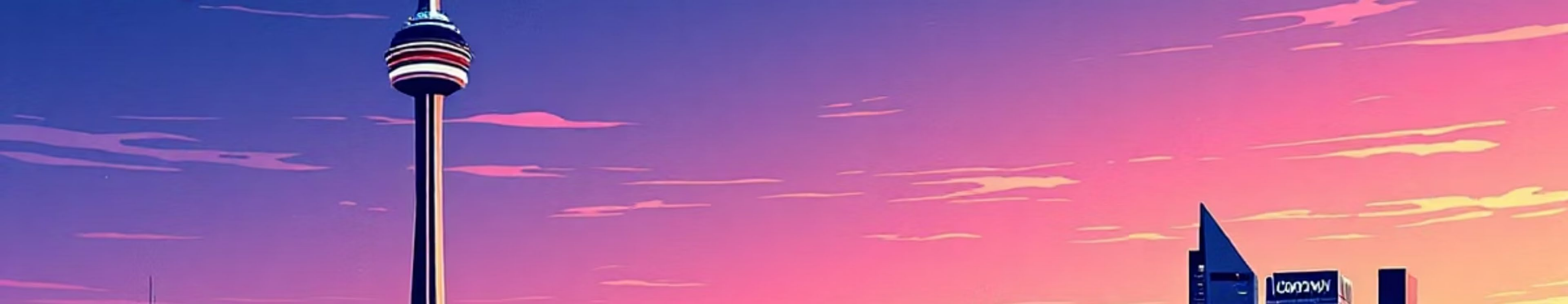
## Professor Leili Yeke Fallah

Full Professor of Nursing

- Decades of academic leadership
- Shaped nursing curricula nationally
- Mentored countless nursing leaders
- International recognition in nursing education







# Conference Overview



## When

November 28 -30, 2025



## Where

Toronto, Canada



## Event

Advancing Nursing and Healthcare  
Conference: A Global Dialogue

# The Challenge

## Ethical Dilemmas in Nursing

Nurses face complex ethical challenges daily in clinical practice. Philosophy provides a critical foundation for navigating these dilemmas and making sound decisions that honor patient rights and professional responsibilities.



# Research Methodology

01

## Narrative Review Approach

Systematic analysis of existing literature on philosophical frameworks in nursing ethics

02

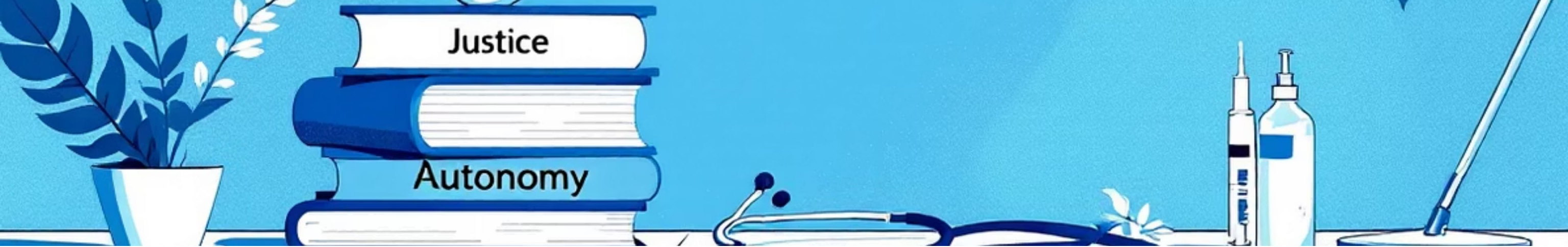
## Framework Analysis

Examination of deontology, utilitarianism, virtue ethics, and care ethics applications

03

## Clinical Context

Investigation of how theories inform ethical reasoning in real -world clinical settings



# Four Philosophical Frameworks

1

## Deontology

Upholding patient rights and duties regardless of consequences.  
Focuses on moral obligations and principles.

2

## Utilitarianism

Resource allocation decisions based on maximizing overall benefit and minimizing harm to the greatest number.

3

## Virtue Ethics

Fostering compassionate care through character development and moral excellence in nursing practice.

4

## Care Ethics

Emphasizing relationships, empathy, and contextual understanding in nurse - patient interactions.

# Key Research Findings



## Enhanced Moral Agency

Philosophical reflection strengthens nurses' ability to act as moral agents in complex situations



## Improved Decision - Making

Ethical education significantly enhances nurses' capacity for sound ethical reasoning



## Compassionate Practice

Framework application leads to more patient -centered, empathetic care delivery



# Impact on Clinical Practice

## Patient Rights Protection

Deontological principles ensure consistent respect for autonomy, dignity, and informed consent in all care decisions.



## Resource Allocation

Utilitarian frameworks guide fair distribution of limited resources during crises and everyday practice.





**Philosophy is  
indispensable for  
robust ethical  
decision - making  
in nursing**



# Recommendations

## Deeper Integration

Embed philosophical ethics more comprehensively into nursing curricula and continuing education programs

## Empirical Research

Conduct studies assessing real - world impact of philosophical frameworks on patient outcomes and nurse satisfaction

## Cultural Perspectives

Include diverse cultural and global viewpoints to enrich nursing ethics discourse and practice